

MODULE 10
FAMILY MEETING REVIEW

MODULE 10

Theme:

Bringing it all together

Materials:

- **Interventionist Workbook** (*Family Meeting Review Module Log*)
- **Interventionist Manual**
- Pens/markers
- Snacks for the family meeting



OVERVIEW: MODULE 10

- Check-In
- Reactions to the Family Meeting
- Talk About the Family Meeting
- Review Goals & Accomplishments
- Using the FSI to Talk About the Future
- Planning Future Family Meetings
- Resources for the Future
- Next Steps
- Check-Out

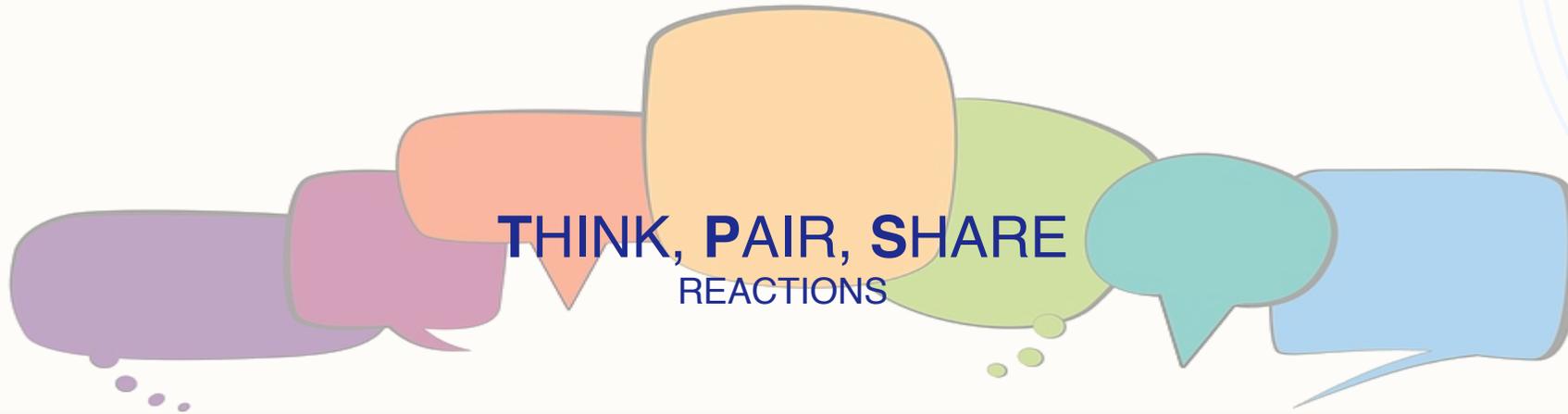
NOTE FOR INTERVENTIONISTS

MODULE 10

- The family might have learned some surprising or upsetting information in the Family Meeting. In the Family Meeting Review, you will help the family to think about the important parts of the conversation.
- Before you meet with the family review your Workbook notes from the Family Meeting.
- During the module:
 - Congratulate the family for completing the Family Meeting and the intervention.
 - Remind the family that they have tools now to solve problems and communicate better in their lives
 - Ask participants to plan their next Family Meeting.
 - Remind caregivers that they are the family leaders, and that their opinions are important.

REACTION TO THE FAMILY MEETING





What might be the family's different reactions (both positive and negative) to the family meeting?

REACTIONS TO THE FAMILY MEETING

- Remind family that each family member may have experienced the Family Gathering in different ways
- Ask each family member to share their experience
 - What are their impressions?
 - What are their feelings?
 - Was there anything left out?
- Encourage family to speak freely about thoughts, feelings, concerns
- Start with the children and end with caregivers
- The family should talk with one another (not to you)

TALK ABOUT THE FAMILY MEETING





What should you remember when leading a talk about the
Family Meeting?

TALK ABOUT THE FAMILY MEETING

- Review the family meeting agenda and their progress
 - Use a positive tone
 - Highlight successes
- For each topic of the family meeting ask for questions and concerns
- Help the family make connections between topics
- Ask each person to share one strength shown by a family member during the meeting



What might be a good way to introduce the talk about the family meeting? Write a sample script.



SUGGESTED TEXT

INTRODUCING TALK ABOUT THE FAMILY

“Thank you for sharing those thoughts. You have accomplished so much in this intervention. You came together as a family, and are very brave for working through difficult topics. Let’s review the problems we talked about in the Family Meeting.”



If the family has a hard time getting started on the talk
what can you do to help them?

NOTE FOR INTERVENTIONISTS

TALK ABOUT THE FAMILY MEETING

If this is difficult, start by reviewing the problems that you talked about, and ask direct questions like:

- “How did this conversation make you feel?”
- “What questions do you have about this topic?”

You can also comment on the strengths of each individual.

**REVIEW GOALS
&
ACCOMPLISHMENTS**





What are potential challenges you might face during this section and how can you overcome them?

REVIEW GOALS & ACCOMPLISHMENTS

- Review the family's goals for the future
- If they achieved a goal, celebrate
- Think about current and future challenges
- It is okay if they didn't achieve all their goals - it is difficult for any family to fix all its problems

USING FSI TO THINK ABOUT THE FUTURE





What skills did the family learn from FSI and how can they use these skills in the future?

USING THE FSI TO THINK ABOUT THE FUTURE

- Reinforce that the FSI is intended to help families have *resilience* as they face challenges
- What makes a family resilient, unified, and strong
 - Doing activities outside of the house
 - Getting together with other family members
 - Communicating openly about resettlement and family problems
 - Understanding short-term and long-term problems
 - Listening to every family member's ideas and opinions
 - Solving new problems together
- How will they use these skills in the future?

PLANNING FUTURE FAMILY MEETINGS

WHAT'S NEXT?

An aerial photograph showing a vast, undulating sea of white, fluffy clouds stretching to the horizon under a clear, bright blue sky. The clouds are dense and appear to be illuminated from above, creating soft shadows and highlights. The overall scene is serene and expansive.



How can the family use future family meetings as a tool?

PLANNING FUTURE FAMILY GATHERINGS

The family can have Family Meetings in the future to:

- Help children understand that the family is working through problems
- Remind them that no one is to blame for how resettlement affects the family
- Bring the family together to talk about challenges
- Focus on the family's strengths and ability to move past hard times

Tips for planning family meetings:

- Schedule the meeting when all family members can go
- Make an agenda – ask for ideas from all family members
- Think about what you want to say before you say it

A person's legs in green pants and sneakers are shown standing on a wooden staircase. The text 'NEXT STEPS' is overlaid in large white letters. The word 'NEXT' is positioned on the upper part of the stairs, and 'STEPS' is on the lower part. The background consists of horizontal wooden planks in a light brown color.

NEXT

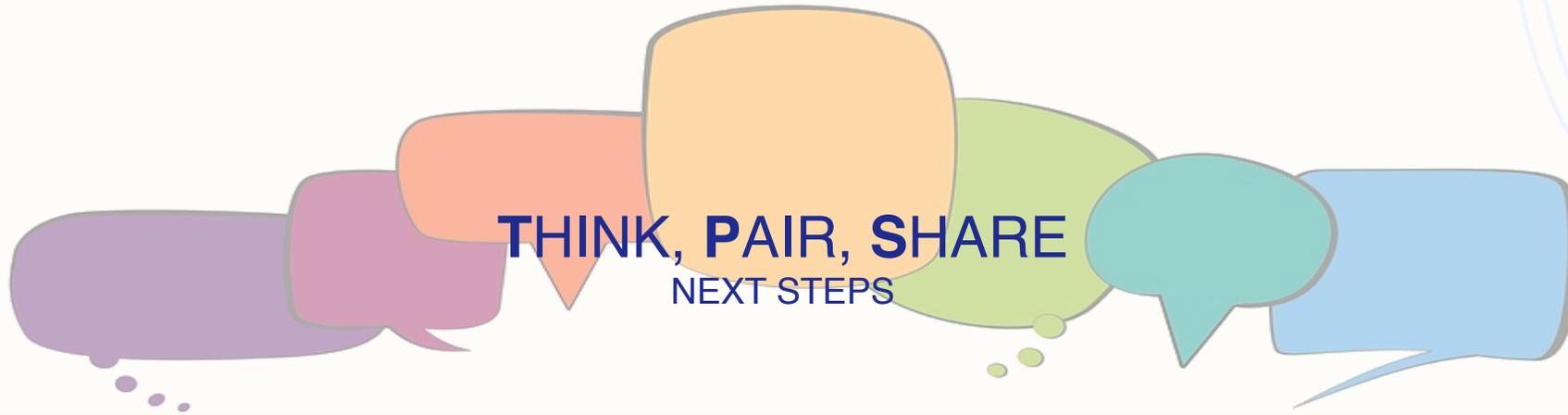
STEPS

RESOURCES & NEXT STEPS



RESOURCES FOR THE FUTURE & NEXT STEPS

- Remind the family that there are resources they can connect with for continued support.
- Remind the family an FSI staff member will meet with them separately to complete some assessments.
- There are no right or wrong answers to the assessments.



What challenge might you face with ending your time with the family and saying goodbye? What can you do to overcome this?

NOTE FOR INTERVENTIONISTS

NEXT STEPS

- For many interventionists, it is very hard to let the family go. Talk to your supervisor if this is difficult for you. Your supervisor can help you to decide if the family needs treatment or other services.
- It is very important to take time to think about what you learned from working with this family. Think about how to improve the intervention. Write down notes in your Workbook, so that your ideas can help future families.
- Write down if you think anyone in the family needs additional mental health treatment in your Workbook.

FOR DISCUSSION & REFLECTION



Are there any traditions or rituals in Afghan culture for saying goodbye?



ROLE PLAY

FSI AND THE FUTURE, FUTURE FAMILY MEETINGS, NEXT STEPS

- Role play talking to the family about next steps and saying goodbye
- Offer feedback and reflect



Q & A