

MODULE 1
CAREGIVER & FAMILY RELATIONSHIPS

MODULE 1



Theme:

Caregivers and Family Relationships

Materials:

- **Interventionist Workbook**
- **Interventionist Manual**
- Pens/markers

OVERVIEW: MODULE 1

- Check-In
- Learn about the family
- Focus on Family
- Focus on Children
- Check-Out

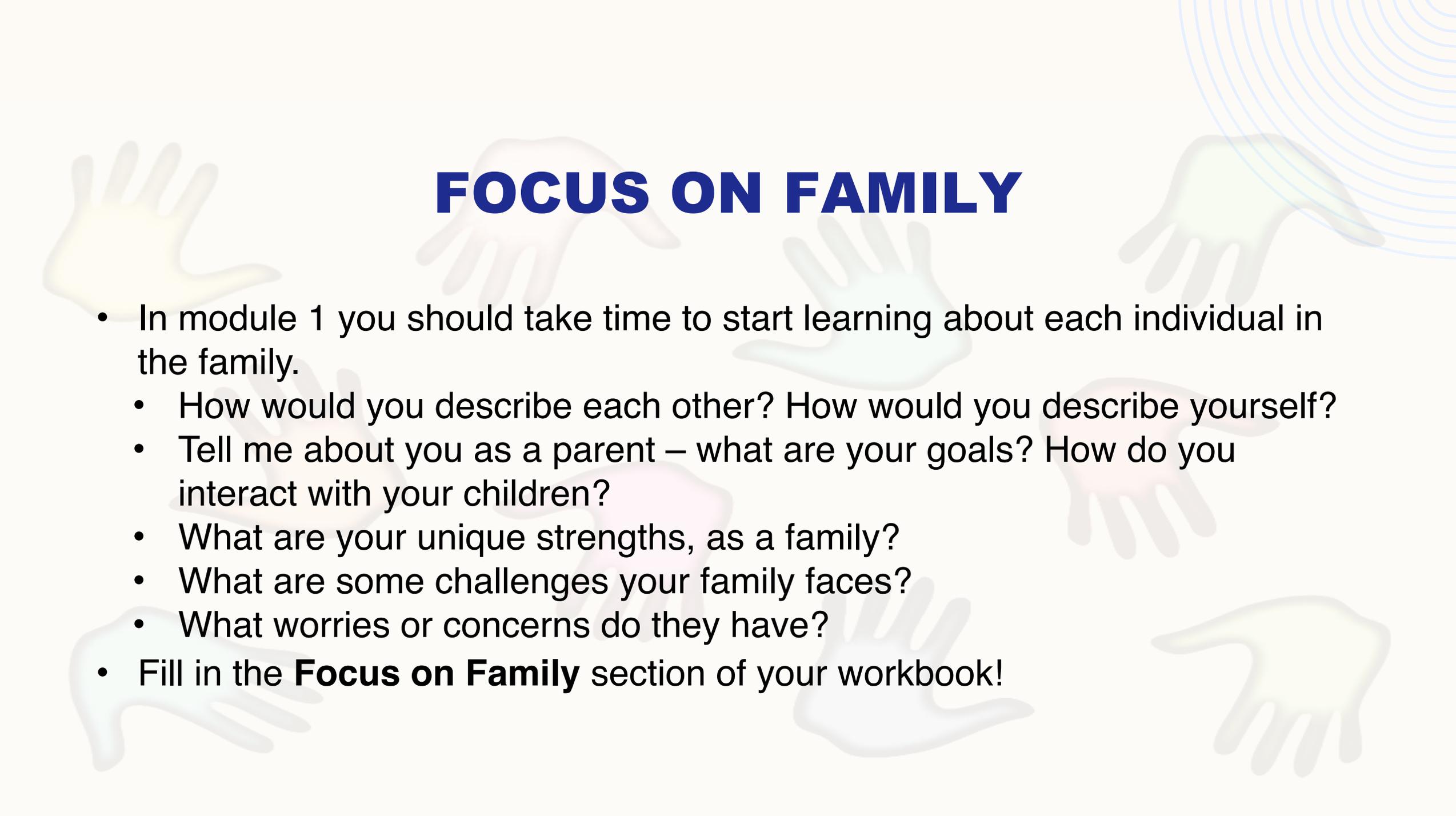
NOTE FOR INTERVENTIONISTS

This module is to help get **an understanding of the caregivers' strengths and goals**. These conversations may be new to the family so remember:

- **Respect caregivers' boundaries** when asking about the partner's perspective, especially if a non biological parent is participating. (This individual may not know some information about refugee life experiences.)
- For refugees, talking about leaving their country and about life in a refugee camp **might be more difficult to discuss than resettlement**.
- Make sure to **pay attention to all perspectives** in the room.

FOCUS ON FAMILY



The background features several stylized hands in various colors (yellow, green, blue, pink, purple) reaching out. In the top right corner, there is a sun-like graphic with concentric blue circles.

FOCUS ON FAMILY

- In module 1 you should take time to start learning about each individual in the family.
 - How would you describe each other? How would you describe yourself?
 - Tell me about you as a parent – what are your goals? How do you interact with your children?
 - What are your unique strengths, as a family?
 - What are some challenges your family faces?
 - What worries or concerns do they have?
- Fill in the **Focus on Family** section of your workbook!



FOCUS ON CHILDREN

FOCUS ON CHILDREN

- In module 1 you should take time to start learning about each child in the family.
 - What pleases the caregivers about them?
 - What worries or concerns do they have?
 - What effects does the refugee life experience have on each child?
- Fill in the **Focus on Children** section of your workbook!
- Ask if the caregivers have directly talked about their experiences as a refugee with their children in the past and how the talk went.

SUGGESTED TEXT

FOCUS ON CHILDREN



Generating discussion with caregivers about children:

“When we met during the Pre-Session, you told me that you have [number] of children. Let’s talk a little about each one of them, starting with [child]

Tell me about [child]. What are some of his or her qualities?

What pleases you about [child]?

What things do you find challenging about parenting him/her?”



- What challenges might you face when focusing on the children with their caregivers?
- What can you do to overcome these challenges?

KEY TAKEAWAYS FOR INTERVENTIONISTS

Talking about children might be hard for some caregivers because the caregiver may be afraid of hurting the child or have fears that they have not been good parents.

- Congratulate the caregivers for coming to see you and talking about difficult topics.
- Review the child's involvement in the intervention - you will meet with them individually in Module 3. They will also be at the family meeting.
- A major goal of the intervention is to help the caregivers support their children to be strong.



ROLE PLAY

FOCUS ON FAMILY AND CHILDREN

- Get into groups of three and decide who will be the caregivers and the interventionist
- In front of the group practice successfully focusing on the family and children
- The group will offer suggestions and praise
- Reflect

Q & A

