



FIDELITY MONITORING

FIDELITY MONITORING TRAINING GOALS

- To understand what fidelity monitoring is and why it is important
- To understand how we can use fidelity monitoring in supervision
- To understand our protocols for the scale-up

WHAT IS FIDELITY MONITORING?

- **Fidelity** is defined by “how well the program is implemented without compromising the program’s core components.”
- It is the degree to which a program or intervention is carried out, or given, *as intended* by the person who created it.
- **Fidelity Monitoring** is the process of checking (or monitoring) how close we are to giving the intervention as it was designed.

WHY DO WE MONITOR FIDELITY?

- In interventions such as the FSI, there will always be **differences and variety** in how it is given, based on the interventionist, the family and the circumstances etc.
- Moreover, the intervention is designed to be **tailored** to each family.
- The implementation, however, should be as **standard and consistent** across families as possible.
- Fidelity monitoring is a way to see both **variation and consistency**.
- The goal is to give **constructive feedback** to the interventionist, rather than to evaluate performance.

WHY IS FIDELITY MONITORING IMPORTANT?

- It ensures the participants are receiving the same intervention
- It allows us to connect outcomes to intervention components
- It allows us to understand the circumstances in which an intervention is effective

YOUR STEPS FOR FIDELITY MONITORING

- You will have a fidelity checklist at the end of each module in your workbook
 - Review before and after the module
 - Session-specific vs. cross cutting skills
- Your supervisor will also have this checklist that will guide them in supervision
 - He/she will assess **how well the CHW is delivering** the intervention and where they need the most **support**
 - He/she will **provide feedback and support** to you each week

WEEKLY SUPERVISION

- Each week you and your supervisor will talk for 30 minutes-1 hour
- Continuous learning and improvement
- Opportunity to ask questions and discuss challenges
- Super-supervision with Boston College team

THANK YOU!