

## Post-Training Trainer Evaluation (Self-Report)

<b>Full name:</b>			
<b>Agency:</b>		<b>Date of administration:</b>	
<b>Profession:</b>		<b>Administered by: (Trainer name)</b>	
<b>Role:</b>		<b>Trainer Agency:</b>	

### **Training Planning**

**On a scale of 1-4, how well-prepared (in terms of manual content, materials, training slides, etc.) were you for this training (circle one)?**

1 Not at all prepared	2 Slightly prepared	3 Somewhat prepared	4 Extremely prepared
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**On a scale of 1-4, how confidently did you deliver the training content (circle one)?**

1 Not confident at all	2 Slightly confident	3 Somewhat confident	4 Extremely confident
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**On a scale of 1-4, how effectively did you adapt the training materials to suit the needs of your audience (circle one)?**

1 Not effective at all	2 Slightly effective	3 Somewhat effective	4 Extremely effective
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**What challenges did you encounter while preparing for this training? Please explain.**

**What aspects of your planning process worked well and supported your delivery? Please explain.**

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What would it be if you could change one thing about your preparation process? Please explain.

### Training Delivery

After reading each of the questions, please circle the option that best describes your feelings, beliefs, or perceptions.

On a scale of 1-4, how well do you think you engaged participants during the training?

1 Not at all engaged	2 Slightly engaged	3 Somewhat engaged	4 Extremely engaged
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On a scale of 1-4, how confident were you in managing group dynamics during the training?

1 Not confident at all	2 Slightly confident	3 Somewhat confident	4 Extremely confident
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On a scale of 1-4, how effectively did you manage unexpected challenges or disruptions during the session?

1 Not effective at all	2 Slightly effective	3 Somewhat effective	4 Extremely effective
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On a scale of 1-4, how clear was your delivery of key concepts and materials?

1 Not clear at all	2 Slightly clear	3 Somewhat clear	4 Extremely clear
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What methods or strategies did you use to keep participants engaged? Please explain.

Were there any moments where trainees struggled to stay focused? If so, how did you handle it? Please explain and provide an example if possible.

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How did you balance staying on schedule with ensuring meaningful discussion and participation? Please explain and provide an example if possible.

### Training Evaluation (Barriers and Facilitators)

After reading each of the questions, please circle the option that best describes your feelings, beliefs, or perceptions regarding the training process.

How successful was the training overall on a scale of 1-4?

1 Not successful at all	2 Slightly successful	3 Somewhat successful	4 Extremely successful
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On a scale of 1-4, how effective were the activities (e.g., role plays, group discussions) in achieving the training goals?

1 Not effective at all	2 Slightly effective	3 Somewhat effective	4 Extremely effective
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On a scale of 1-4, how well did trainees demonstrate an understanding of the training material by the end of the session?

1 Not at all well	2 Slightly well	3 Somewhat well	4 Extremely well
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What were the most significant challenges to delivering the training effectively? Please describe them below.

What strategies did you use that made this training session a success? Please describe them below.

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What would you do differently if you were to deliver this training again? Please explain and provide examples.

Did participants provide any feedback that surprised or helped you reflect on your approach? If any feedback was provided, please describe it.

### Summary Rating (Overall Reflection)

On a scale of 1-4, how confident are you in planning, delivering, and evaluating future training?

1 Not confident at all	2 Slightly confident	3 Somewhat confident	4 Extremely confident
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Summarize below your biggest learning or takeaway from this training session in one sentence.